

**2013**  
**Native American Indian Students**  
**On or Near a Reservation – Grades 7-8**  
2003-2013 Trend Data

**Montana**  
**Youth Risk Behavior**  
**Survey**

Montana Office of Public Instruction  
Health Enhancement and Safety Division  
June 2013



Montana  
**Office of Public Instruction**  
Denise Juneau, State Superintendent

[opi.mt.gov](http://opi.mt.gov)

## American Indian-Reservation, Grades 7-8

<i><b>Injury and Violence</b></i>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>
<b>Percentage of students who . . .</b>						
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	93.4	92.7	~	94.9	95.7	93.7
Never or rarely wore a seat belt when riding in a car driven by someone else	21.8	25.5	29.6	23.7	19.8	19.0
Never or rarely wore a seat belt when driving a car	45.5	40.8	~	34.2	29.4	22.5
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	34.5	35.8	~	32.3	32.2	26.9
Drove a car when they had been drinking alcohol during the past 30 days	13.0	11.5	~	12.5	~	~
Carried a weapon such as a gun, knife, or club during the past 30 days	23.0	24.5	~	24.0	23.2	20.3
Carried a gun during the past 30 days	11.6	9.3	~	8.8	12.5	8.7
Carried a weapon on school property during the past 30 days	8.6	6.9	~	8.3	5.0	6.3
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months	31.8	30.5	~	~	21.7	35.8
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	12.7	13.4	~	9.3	11.9	15.9
Had been threatened or injured with a weapon on school property during the past 12 months	10.3	8.7	~	7.8	6.5	7.4
Were in a physical fight during the past 12 months	47.9	49.9	~	52.0	36.8	44.3
Were injured in a physical fight that required medical treatment during the past 12 months	6.3	6.5	~	5.5	4.4	6.4
Were in a physical fight on school property during the past 12 months	24.5	25.5	~	25.0	20.7	23.3
Have ever been physically forced to have sexual intercourse when they did not want to	6.9	5.9	~	~	~	6.1
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	8.3	11.2	~	~	~	~

## American Indian – Reservation, Grades 7-8

<b><i>Injury and Violence - continued</i></b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>
<b>Percentage of students who . . .</b>						
Of dating students, were purposely hit, slammed into something, or injured with an object or weapon by someone they were dating during the past 12 months						<b>8.6</b>
Of dating students, were forced to do sexual things (e.g., kissing, touching, or being physically forced to have sexual intercourse) by someone they were dating or going out with during the past 12 months						<b>12.4</b>
Had ever been bullied on school property				<b>34.9</b>	<b>44.3</b>	<b>34.0</b>
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months				<b>18.5</b>	<b>22.3</b>	<b>18.4</b>
Had been the victim of teasing, name calling or bullying because someone thought they were gay, lesbian, or bisexual during the past 12 months						<b>16.7</b>
Have ever been choked by someone or tried to choke themselves on purpose for the feeling or experience it caused (e.g., Choking Game, Knock Out, Space Monkey, Flatlining or the Fainting Game)						<b>17.1</b>
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	<b>31.3</b>	<b>36.0</b>	~	<b>29.7</b>	<b>30.0</b>	<b>32.6</b>
Seriously considered attempting suicide during the past 12 months	<b>20.0</b>	<b>17.7</b>	~	<b>21.7</b>	<b>19.0</b>	<b>21.0</b>
Made a plan about how they would attempt suicide during the past 12 months	<b>19.6</b>	<b>15.7</b>	~	<b>14.7</b>	<b>18.3</b>	<b>17.7</b>
Actually attempted suicide during the past 12 months	<b>18.8</b>	<b>16.4</b>	~	<b>11.0</b>	<b>17.7</b>	<b>18.2</b>
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	<b>6.2</b>	<b>5.2</b>	~	<b>8.2</b>	<b>5.8</b>	<b>5.1</b>

## American Indian-Reservation, Grades 7-8

<b><i>Tobacco Use</i></b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>
<b>Percentage of students who . . .</b>						
Ever tried cigarette smoking	76.0	70.5	62.9	66.2	52.1	54.3
Smoked a cigarette before age 13	48.9	41.0	37.6	41.6	34.2	34.0
Smoked a cigarette on one or more of the past 30 days ("current")	35.2	32.6	27.9	33.6	26.4	25.4
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	8.4	6.7	6.0	7.0	3.7	4.4
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	2.2	2.3	5.2	3.1	1.5	1.3
Usually got their cigarettes by buying them in a store or gas station during the past 30 days	1.9	1.7	1.0	2.1	1.3	0.8
Smoked cigarettes on school property during the past 30 days	12.4	10.4	~	~	6.9	6.9
Ever smoked cigarettes daily; that is, at least one cigarette every day for 30 days ("regular")	18.2	15.0	16.2	14.0	12.2	13.4
Among current smokers, tried to quit smoking during the past 12 months	77.2	77.6	~	~	~	71.7
Used chewing tobacco, snuff, or dip during the past 30 days	14.1	19.8	25.6	21.9	21.6	17.1
Used chewing tobacco, snuff, or dip on school property during the past 30 days	8.7	10.3	~	~	12.6	10.1
Smoked cigars, cigarillos, or little cigars during the past 30 days	9.9	6.6	11.5	9.3	8.8	7.1

## American Indian – Reservation, Grades 7-8

<b><i>Alcohol and Other Drug Use</i></b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>
<b>Percentage of students who . . .</b>						
Had at least one drink of alcohol during their life	63.9	58.7	57.0	58.3	50.8	44.6
Had first drink of alcohol before age 13	52.7	41.9	41.2	44.2	39.7	32.3
Had at least one drink of alcohol during the past 30 days ("current")	33.2	28.5	~	34.0	25.3	22.9
Had at least one drink of alcohol on school property during the past 30 days	8.5	6.7	~	~	6.7	5.1
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	23.8	21.1	24.5	26.0	17.1	17.0
Among current drinkers, usually got the alcohol they drank from someone who gave it to them	~	~	~	~	20.1	24.3
Used marijuana during their life	53.7	48.3	48.8	50.6	50.2	50.0
Tried marijuana before age 13	45.7	35.3	36.4	40.4	37.2	42.1
Used marijuana during the past 30 days ("current")	33.3	29.7	~	35.2	33.8	34.2
Used marijuana on school property during the past 30 days	11.4	7.8				11.2
Used any form of cocaine during their life	8.6	4.3	9.4	7.6	6.0	4.3
Used any form of cocaine during the past 30 days ("current")	6.1	2.5	~	~	~	~
Used inhalants during their life	26.7	20.8	23.6	27.8	17.3	17.6
Used inhalants during the past 30 days	13.7					7.1
Used heroin during their life	4.5	1.9	~	~	~	1.0
Used methamphetamines during their life	7.1	5.2	6.2	9.0	2.5	3.0
Used ecstasy during their life	5.7	3.9	~	~	~	5.8
Took steroid pills or shots without a doctor's prescription during their life	9.0	4.0	6.4	5.3	2.5	3.0

## American Indian-Reservation, Grades 7-8

<b><i>Alcohol and Other Drug Use</i></b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>
<b>Percentage of students who . . .</b>						
Have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription	~	~	~	~	9.3	7.6
Used a needle to inject any illegal drug into their body during their life	4.6	3.0	~	~	~	1.2
Were offered, sold, or given an illegal drug on school property during the past 12 months	23.9	17.6	~	14.4	13.9	20.3

<b><i>Sexual Behaviors</i></b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>
<b>Percentage of students who . . .</b>						
Ever had sexual intercourse	32.5	32.2	29.2	32.4	30.8	31.2
Had sexual intercourse before age 13	18.4	17.0	17.3	21.2	19.0	16.6
Had sexual intercourse with four or more people during their life	8.6	6.7	7.3	6.5	7.9	6.9
Had sexual intercourse during the past three months ("current")	17.3	15.3	~	20.3	~	14.1
Drank alcohol or used drugs before last sexual intercourse	67.5	30.2	~	42.2	~	27.4
Used a condom during last sexual intercourse	70.5	73.5	75.8	72.1	72.2	62.4
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	6.7	7.2	~	~	~	~
Had ever been taught about AIDS or HIV infection	77.0	73.1	64.0	58.5	56.8	64.8

## American Indian – Reservation, Grades 7-8

<b><i>Weight Management and Dietary Behaviors</i></b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>
<b>Percentage of students who . . .</b>						
Described themselves as slightly or very overweight	33.6	32.7	31.7	34.1	34.2	33.7
Were trying to lose weight	56.1	54.6	54.2	53.4	54.8	50.4
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	22.1	18.3	~	13.8	28.1	19.3
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	7.2	7.0	~	6.4	6.4	5.4
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	6.8	7.3	~	6.1	7.3	5.1
Drank 100% fruit juices during the past seven days	80.8	79.6	~	80.4	84.7	81.4
Ate fruit during the past seven days	87.2	87.3	~	90.8	90.4	91.3
Ate green salad during the past seven days	59.6	61.3	~	~	~	65.0
Ate potatoes during the past seven days	67.7	60.6	~	~	~	~
Ate carrots during the past seven days	49.9	51.1	~	~	~	~
Ate other vegetables during the past seven days	74.3	74.8	~	~	~	~
Drank a can, bottle, or glass of soda or pop daily during the past seven days				27.0	28.8	28.2
Drank a can, bottle, or glass of <i>diet</i> soda or pop daily during the past seven days						10.4
Drank a can, bottle, or glass of an energy drink, such as Red Bull or Jolt (not sports drinks such as Gatorade or PowerAde), during the past seven days					41.7	~
Drank three or more glasses of milk per day during the past seven days	16.7	15.7	~	12.5	~	13.6

## American Indian-Reservation, Grades 7-8

<b><i>Weight Management and Dietary Behaviors - continued</i></b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>
<b>Percentage of students who . . .</b>						
Ate breakfast daily during the past 7 days				<b>33.2</b>	<b>37.4</b>	<b>30.5</b>
Always, most of the time, or sometimes went hungry because there was not enough food in the home during the past 30 days						<b>19.7</b>

<b><i>Physical Activity</i></b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>
<b>Percentage of students who . . .</b>						
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days			<b>44.8</b>	<b>44.6</b>	<b>51.3</b>	<b>47.6</b>
Watched three or more hours of TV per day on an average school day	<b>38.1</b>	<b>33.6</b>	<b>32.6</b>	<b>32.0</b>	<b>35.0</b>	<b>33.5</b>
Played 3 or more hours of video or computer games or used a computer for something not school-related on an average school day*			<b>26.6</b>	<b>24.0</b>	<b>33.9</b>	<b>41.2</b>
Attended physical education (PE) classes on one or more days in an average week when they were in school	<b>84.4</b>	<b>87.3</b>	<b>84.3</b>	<b>84.4</b>	<b>81.6</b>	<b>78.5</b>
Attended physical education (PE) classes daily in an average week when they were in school	<b>35.5</b>	<b>34.1</b>	<b>39.3</b>	<b>45.8</b>	<b>48.3</b>	<b>44.5</b>
Played on one or more sports teams during the past 12 months	<b>71.6</b>	<b>72.3</b>	<b>74.6</b>	<b>69.7</b>	<b>73.7</b>	<b>71.5</b>

\* Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other special networking tools, and the Internet.

<b><i>Other</i></b>	<b>2003</b>	<b>2005</b>	<b>2007</b>	<b>2009</b>	<b>2011</b>	<b>2013</b>
<b>Percentage of students who . . .</b>						
Had ever been told by a doctor or nurse that they had asthma		<b>17.0</b>	<b>22.1</b>	<b>18.0</b>	<b>17.0</b>	<b>21.2</b>
Currently have asthma			<b>15.3</b>	<b>14.1</b>	<b>15.2</b>	<b>~</b>
Used a tanning device such as a sunlamp, sunbed, or tanning booth during the past 12 months						<b>3.8</b>
Received help from a resource teacher, speech therapist or other special education teacher during the past 12 months	<b>30.3</b>	<b>15.9</b>	<b>~</b>	<b>~</b>	<b>~</b>	<b>21.6</b>